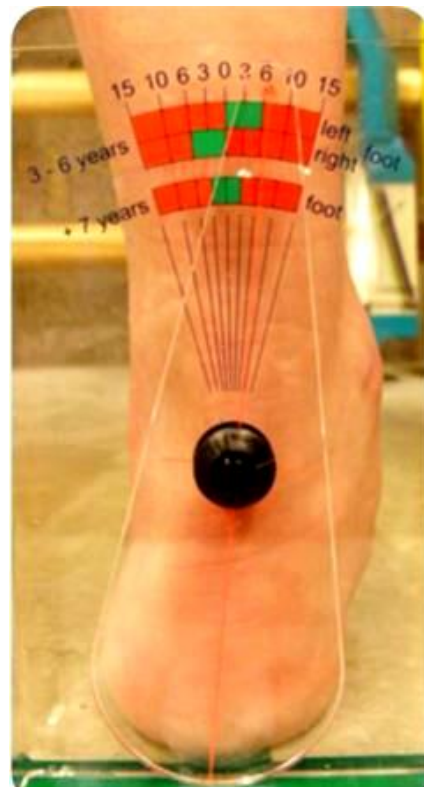
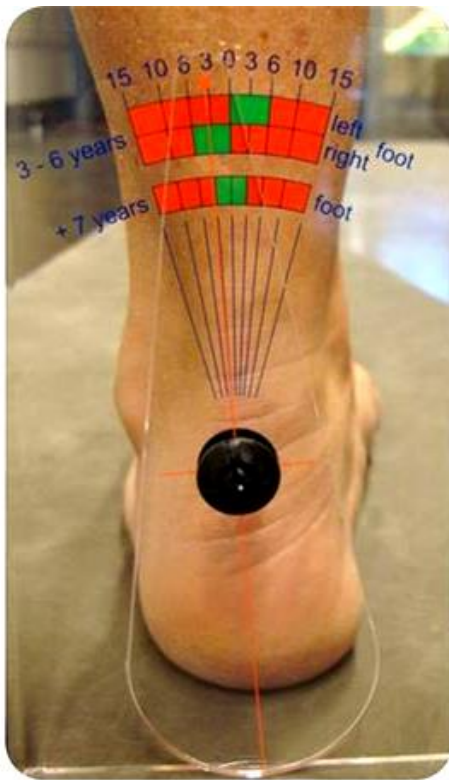


## FOOT – RISK – FINDER BORGinsole:

### Instructions for use:

1. Make sure the testing patient assumes in a relaxed position, in a normal comfortable position.
2. Place the meter behind the calcaneus.
3. Slide the drop of the meter so that it follows the shape of the calcaneus perfectly.
  - a. Bent inwards or outwards.
4. Read the value according to the age scale.
  - a. **Red** stands for advice of a BorgInsole podiatrist. ([www.borginsole.com](http://www.borginsole.com))
  - b. **Green** stands for perfectly acceptable and does not require further succession.



Example of a seven year old (or older)

**Normal**

**Advice required**

We use an equation in order to determine the acceptable RCSP for children up to 7 years old:  $(\text{age} \times 2) - 14$

E.g. 4 years old:  $4 \times 2 = 8 - 14 = -6$  acceptable RCSP

You will definitely find a BORGinsole podiatrist near you: [www.borginsole.com](http://www.borginsole.com)